

## Hellas - Salamina island M.T.B Race2015

### UCI XCS - STAGE RACE - S2

#### 1. Rules

The race Hellas - Salamina island M.T.B 2015 is organized under the rules of the UCI and the specific rules are mentioned in this guide.

#### 2. Class - Categories

For the Hellas - Salamina island M.T.B Race only the following categories are allowed:

UCI XCS-S2: Men Elite

UCI S2 XCT: Men/Women Elite - 5km x 1 lap

UCI S2 XCO: Men Elite - 5.5km x 6laps - Women Elite - 5.5km x 5 laps

UCI S2 XCP: Men/Women Elite - 26km

#### 3. UCI S2 Points Scale

Men/Women Elite category will receive points and prize money according to the UCI XCS 2 (Europe B).

#### UCI XCS 2

##### Elite Men/Women

1 <sup>st</sup>	80 points
2 <sup>nd</sup>	70 points
3 <sup>rd</sup>	60 points
4 <sup>th</sup>	55 points
5 <sup>th</sup>	50 points
6 <sup>th</sup>	45 points
7 <sup>th</sup>	40 points
8 <sup>th</sup>	35 points
9 <sup>th</sup>	30 points
10 <sup>th</sup>	25 points
11 <sup>th</sup>	20 points
12 <sup>th</sup>	19 points
13 <sup>th</sup>	18 points



- 14<sup>th</sup> 17 points
- 15<sup>th</sup> 16 points
- 16<sup>th</sup> 15 points
- 17<sup>th</sup> 14 points
- 18<sup>th</sup> 13 points
- 19<sup>th</sup> 12 points
- 20<sup>th</sup> 10 points
- 21<sup>st</sup> 8 points
- 22<sup>nd</sup> 6 points
- 23<sup>th</sup> 4 points
- 24<sup>th</sup> 2 points
- 25<sup>th</sup> 1 point

#### 4. Prize List

#### UCI S2 STAGE RACE - GENERAL CLASSIFICATION

##### Places Elite Men/Women

- 1st € 225
- 2nd € 180
- 3rd € 135
- 4th € 112.5
- 5th € 90
- 6th € 81
- 7th € 72
- 8th € 63
- 9th € 54
- 10<sup>th</sup> € 45

**Total € 1.057,5**

Total Prize Money for Elite Men/Women for General Classification: **€ 1.057,5**

## UCI S2 STAGE RACE - PER STAGE

### Places Elite Men/Women

1st € 120

2nd € 90

3rd € 60

4th € 45

5th € 30

**Total € 345**

Total Prize Money for Elite Men/Women per stage: **€ 345**

## 5. Programme

### Thursday 1/10/2015

17:30 - 19:00 Registration and distribution of Race numbers at Hotel Gabriel. 15:00 - 17:30

Training times

19:30 Managers' meeting

### Friday 2/10/2015

14:00 - 15:00 Registration at Meltemi Restaurant near the Start / Finish area

16:00 Start of Men/Women Elite XCT Race Type

The race course for Men Elite XCT UCI S2 is 5km x 1 lap

18:00 End of the races

18:30 Award Ceremony near the Start / Finish area

### Saturday 3/10/2015

11:00 - 12:00 Registration at Meltemi Restaurant near the Start / Finish area

13:00 Start of Women Elite XCO Race Type

The race course for Women Elite XCO UCI S2 is 5,5km x 5 laps

15:00 Start of Men Elite XCO Race Type

The race course for Men Elite XCO UCI S2 is 5,5km x 6 laps

17:00 End of the races

17:30 Award Ceremony near the Start / Finish area

### Sunday 4/10/2015

8:00 - 09:00 Registration at Salamina Town Hall located in the centre of the island

11:00 Men's/Women's Elite Pre-Start XCP Race Type at Salamina Town Hall. Race starts after 5.5km at Aianteio village

The race course for Men/Women Elite XCP UCI S2 is 26km

13:00 End of the races

14:00 Award Ceremony at Kanakia

## **6. Registration Procedure**

The participants can register using the following ways:

Online, E-mail, Online registration closes **29<sup>th</sup> September 2015**

**<http://www.proteascycling.gr>** - **[e-mail: info@proteascycling.gr](mailto:info@proteascycling.gr)**

Registration of the riders (with distribution of Race number plates and timing chips) can only be done at the Registration office which will be at Hotel Gabrielduring the following working hours:

**1<sup>st</sup> October 2015 17:30- 19:00**

UCI License is kept and returned with the return of the number + chip.

Please note that training will not be authorized without a number plate.

Riders who don't return the timing chip after the event will be charged 25 Euros for replacement. The Registration office will be located at the place of the race.

## **7. Race venue**

The massif of Kanakia of Salamina where the race takes place, is 12km far from the centre of the island. There is direct access to the race tracks and paths. Athletes will stay in hotels in the region. There are many catering businesses near the place of the race.

## **8. Route description**

The race has the starting and finishing lines at Kanakia of Salamina and runs along paths and forest roads. The altitude reaches 160 m. The route is in the forest, the paths are pleasurable and take the athletes through a tunnel of natural beauty.

## **9. Medical Points**

Throughout the event there will be a rescue team of 20 members available at many points and in full communication for quick recovery. There will also be a doctor and an ambulance.

## **10. Starting Procedure**

Riders will be called in the Staging Area 20 minutes before the scheduled start time of the race. Staging will begin 15 minutes before the scheduled start time of the race. Riders will be lined up as described in the Start Order above. Eight riders will be placed on each line (might change by decision of the President of the Commissaries' Panel). The rider him/herself can decide his/her position on the line. Once the riders are lined up, warm-up (by rollers, turbo trainer etc.) is excluded inside or outside the start area.

The start will be given by the Start Commissaries using the following procedure: Announcements at 3, 2, 1 minute and 30 seconds before the start, then a final announcement that the start will be given within the next 15 seconds. A starting pistol, whistle or horn will be used to give the start.

The Start Commissar will be in sole control of the public address system from three minutes before the start until the start has been given

### **11. Press Office - Anti-doping tests-Race Office - Race meeting room**

The Press Office - Anti-doping Control - Race Office - Race Meeting Room will be located at Meltemi Restaurant near the Start / Finish area. The press office will be fully equipped for online communication.

The Race Ceremonies will be near the Start / Finish area.

### **12. Technical support**

All bikes taking part in the event have the opportunity of a technical check and during the race there will be technical support points near the Start / Finish area.

### **13. Feed / Technical Assistance**

Technical assistance during the race is permitted subject to the conditions below: Authorized technical assistance during a race consists of repairs or the replacement of any part of the bicycle other than the frame. Bike changes are not permitted and the rider must cross the finishing line with the same handlebar number plate that he / she had at the start.

Technical assistance shall only be given in the Feed/Technical assistance zones. Spare equipment and tools for repairs must be kept in these zones. Repairs and equipment changes can be carried out by the rider himself or with the help of a teammate, team mechanic or neutral technical assistance. Small items such as an inner tube or a small tool may be handed up from the Feed/Technical assistance zones.

All people inside the Feed/Technical assistance zone must have on them in a visible place a Feed/Technical Assistance zone pass. People without a pass will be removed from the Feed/Technical Assistance zone. Passes will be handed during the Team Managers' meeting under the supervision of the President of the Commissaries panel

(1 pass for every 3 riders for each Feed/Technical Assistance zone)

The Organizer will provide Neutral Technical assistance.

In addition to technical assistance in feed zones, technical assistance is permitted outside these zones only between riders who are members of the same UCI MTB team or of the same national team (if riders are registered in the race as part of the National team).

Riders may carry tools and spare parts provided that these do not involve any danger to the rider himself or the other competitors.

Any changes to UCI regulations regarding Feed/Technical assistance will be applied to the above.

### **14. Parking locations**

Parking locations will be near the Start / Finish area.



### 15. Health Centre

The Health Centre of Salamina is in the centre of the island 12km far from the race.

### 16. Contact

The organizer is << PROTEAS >> Cycling team

[e-mail:info@proteascycling.gr](mailto:info@proteascycling.gr) , [vkapar@gmail.com](mailto:vkapar@gmail.com)

17. The Hellenic Cycling Federation is responsible for the composition of the commissaries' panel.

### 18. History of the race

In Salamina many M.T.B XCO, XCM and two UCI C2 races have been organized. There have been two National Cups and two National Marathon XCM Championships. The organization committee is <<PROTEAS>> Cycling team, co-organizer is the Municipality of Salamina. The race takes place at Kanakia of Salamina.

The event consists of a three-day Stage Race UCI S2

### 19. General Guide

Salamina is mentioned in Homer's writings. It is the largest Greek island in the Saronic Gulf consisting of 40.000 residents, about 5 nautical miles off-coast from Piraeus and about 16 kilometres west of Athens. It's 40km far from the airport Eleftherios Venizelos. The chief city, Salamina, lies in the west-facing core of the crescent on Salamis Bay, which opens into the Saronic Gulf. The island's main port, Paloukia, in size second only to Piraeus, is on the eastern side.

Salamis island is known for the Battle of Salamis, the decisive naval victory of the allied Greek fleet, led by Themistocles, over the Persian Empire in 480 BC. It is said to be the birthplace of Ajax (mythical king of Salamis and one of the main heroes of the Trojan War) and Euripides (dramatist and one of the three Grand Masters of the Attic drama in ancient Greek theater), the latter's birth being popularly placed on the day of the battle. In modern times, it is home to Salamis Naval Base, headquarters for the Hellenic Navy.

### 20. TV Coverage

There will be TV Coverage from local channels and online connections via twitter.

### 21. Supporters

The Hellas - Salamina island M.T.B Race 2015 is supported by the Municipality of Salamina and sponsors.